Childhood UV Exposure (Before Age 20)

Name	Observations:  Record observations about  a) Latitude (Location),  b) Peak Time (10am-3  pm),  c) Off-Peak Time,  d) Reflectivity (Snow  Sand, Dirt and Grass),	L A T I T U D E	P E A K T I M E	O F F P E A K T	REFLECTIVI	Total Childhood Exposure
				I M E	T Y	
Jose						
Carla						
Tanya						
Leon						
Bao						
Alex						
(your name)						

<sup>6.</sup> **Copy the numbers** from the "Total Childhood Exposure" column into the "Skin Cancer Risk" and "Cataract Risk" tables below.

## **Skin Cancer Risk**

Okin Gancer I		r =	1		
Name	Total	Frequent	Family	Skin	Total
	Childhood	Sunburns	History	Color	Risk
			(Person or		TAIOIA
	Exposure	(+2 points)		(5=Fair	
			relatives have	skin,	
			symptoms =	freckles;	
			1-4 points;	1=darker	
			depending on		
			closeness of	skin)	
			relative and type		
			of symptoms)		
Jose					
Carla					
Caria					
Tanya					
Leon					
LOOM					
_					
Bao					
Alex					
(your name)					

## Cataract Risk

Name	Total Childhood Exposure	Family History (Person or relatives have symptoms = 1-4 points; depending on closeness of relative and type of symptoms)	Skin Color	Total Risk
Jose				
Carla				
Tanya				
Leon				
Bao				
Alex				
(your name)				